

Report of International Yoga Day

Date - 21-06-2022

An International Yoga Day is celebrated in Jaleswar College Tapoban by NSS unit in collaboration with IQAC of the college. Most of the teachers and students of the college have participated in the International Yoga Day.

Yoga cultivates the ways of maintaining a balanced attitude in day-to-day life and endows skill in the performance of one's actions. It celebrates to aware the students as well as teachers on the benefits of practicing yoga. Yoga is more than a physical activity. The theme of International yoga Day i.e. the importance of Yoga in serving better mental health in our life is highly focused.

The program focused on a holistic approach to health and well being, thought and action, harmony between man and nature. The program focused on a holistic approach to health, mental and spiritual practice.



Convener, IQAC
Jaleswar College, Tapoban

Report of Cultural Rally Program

Date-19-04-2019

Jaleswar College, Tapoban has organized Cultural Rally on the first day of college Week on the road. The rally covers one round from college campus to Jaleswar Bazar and Pirbari spreading the message that Assam is a state of cultural heritage of Assamese, Muslim, Bengali and others who are living together peacefully in this remote area.



Co-ordinator, IQAC
Jaleswar College, Tapoban

Report of plantation program

Date-05-06-2020

Jaleswar College, Tapoban has organized a Plantation Program with active participation of Dr, Abdul Mannan, Principal of the College, Dr. Elias Uddin Khalifa, Coordinator of IQAC, Dr. Khurshid Fatehul Ikram Asstt. Coordinator of IQAC along with other teachers and students under the initiative of NSS unit of the college. During this program different trees are planted within the college campus with the sole object of greening the college campus.



Co-ordinator, IQAC
Jaleswar College, Tapoban